

Welcome to Head of Tide Park

Cathance River Trail

The Cathance River Trail winds through the forest along some of the wildest sections of the Cathance River. The river is one of the area’s hidden gems, with a remote feel despite its close proximity to Topsham’s community center.

Following white blazes, the trail originates here at Head of Tide Park, and passes across land that is privately-owned except for the old Rogers farm site which is owned by the Town of Topsham. The trail leads to a 60-foot aluminum pedestrian bridge over Clay Brook, connecting hikers to five additional miles of trails at Cathance River Preserve.

The Cathance River is an established conservation corridor, where over 850-acres have been protected and nine miles of trails created. These conservation lands are crucial to the continued health of the Cathance River, which flows to the ecologically significant and economically valuable Merrymeeting Bay.



General Park Rules:

- Trash is carry in, carry out
- Park open dawn to dusk
- No drinking of alcohol or smoking is allowed

*This park is subject to all rules and provisions of parks under the Town of Topsham Code, Chapter 161: Parks and Recreation Ordinance.

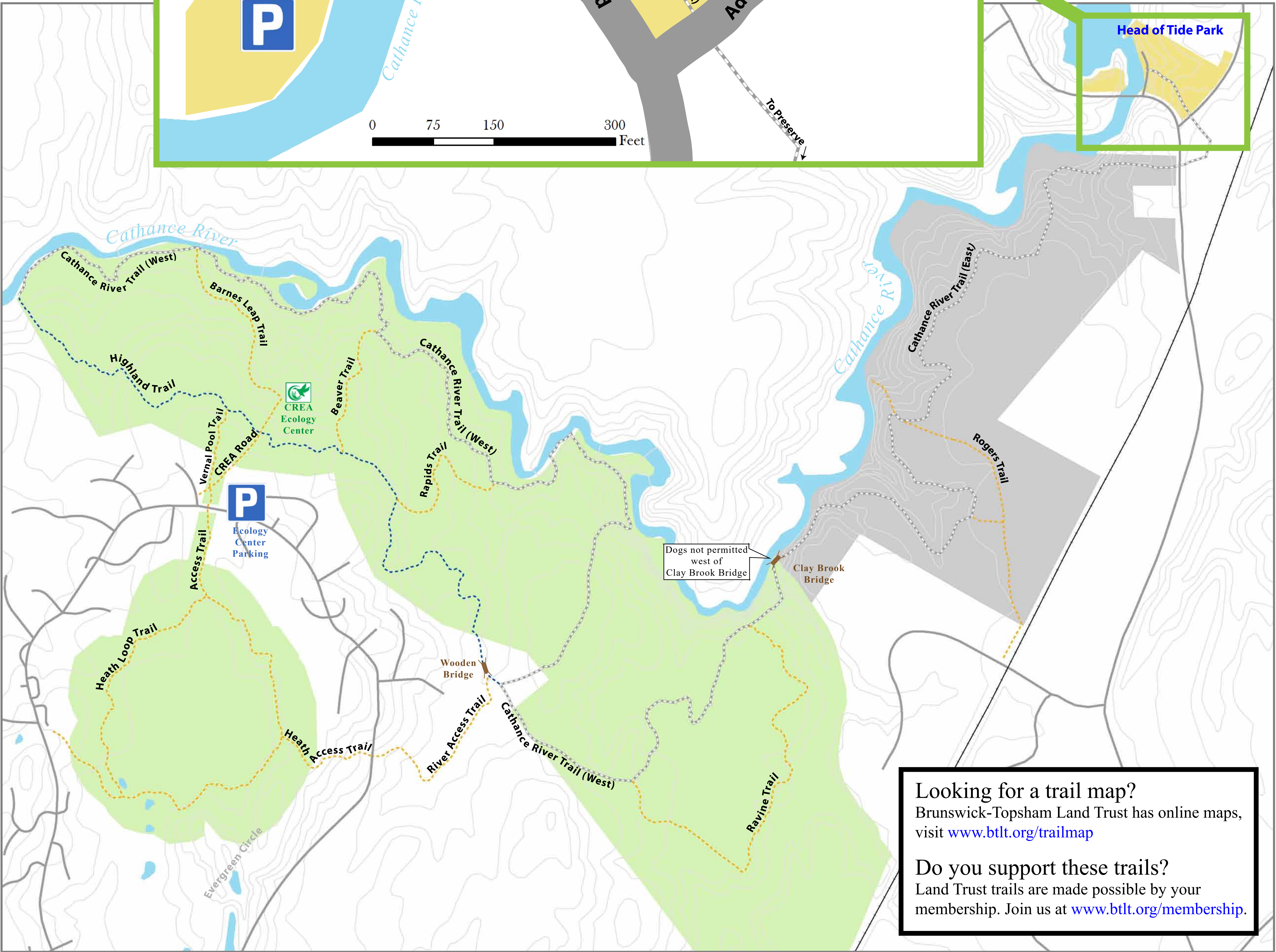
Trail Rules:

- Stay on marked trails
- Hours - dawn to dusk
- No bikes or motorized vehicles
- Dogs on leash*
- No fires or camping
- No hunting or trapping
- No littering
- * No dogs in Cathance River Nature Preserve (west of Clay Brook Bridge)

Key:

- Restroom
- Trailhead
- Hand-carry Boat Launch
- Picnic Pavillion
- Parking
- Ball Mill Drum
- Head of Tide Park
- Privately Owned Conserved Land
- Cathance River Nature Preserve

Please report any damage to
Topsham Parks & Recreation at (207) 725-1726
For emergency incidents call 911



Looking for a trail map?
Brunswick-Topsham Land Trust has online maps,
visit www.btl.org/trailmap

Do you support these trails?
Land Trust trails are made possible by your
membership. Join us at www.btl.org/membership.