

Substitute Rotation Chart

We will play four 8-minute quarters. Substitutions will happen at the 4-minute mark (or the closest dead ball). This is to guarantee all players get equal playing time at the recreational level.

Before the game begins the coach must assign each player a number (1-12) on the substitution chart and follow the corresponding pattern for the game.

Late Players: any player that arrives after the start of the game may be added to your pattern as the highest number in your pattern. Your team will change to the new # rotation.

Injuries or Disqualifications: if a player becomes injured or disqualified and cannot continue to play, you will replace them with the highest numbered player (from your assigned sub numbers) that is sitting on your bench. You will continue to follow the correct chart at your next substitution time.

Substitution Pattern Player Numbers	Player Names	Jersey Number
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

7 Person Team	Start of Quarter	4 Minute Sub
1st Quarter	1,2,3,4,5	6,7,1,2,3
2nd Quarter	4,5,6,7,1	2,3,4,5,6
3rd Quarter	7,1,2,3,4	5,6,7,1,2
4th Quarter	3,4,5,6,7	1,2,3,4,5

8 Person Team	Start of Quarter	4 Minute Sub
1st Quarter	1,2,3,4,5	6,7,8,1,2
2nd Quarter	3,4,5,6,7	8,1,2,3,4
3rd Quarter	5,6,7,8,1	2,3,4,5,6
4th Quarter	7,8,1,2,3	4,5,6,7,8

9 Person Team	Start of Quarter	4 Minute Sub
1st Quarter	1,2,3,4,5	6,7,8,9,1
2nd Quarter	2,3,4,5,6	7,8,9,1,2
3rd Quarter	3,4,5,6,7	8,9,1,2,3
4th Quarter	4,5,6,7,8	9,1,2,3,4

10 Person Team	Start of Quarter	4 Minute Sub
1st Quarter	1,2,3,4,5	6,7,8,9,10
2nd Quarter	8,9,10,1,2	3,4,5,6,7
3rd Quarter	5,6,7,8,9	1,2,3,4,10
4th Quarter	6,7,8,9,10	1,2,3,4,5

11 Person Team	Start of Quarter	4 Minute Sub
1st Quarter	1,2,3,4,5	6,7,8,9,10
2nd Quarter	11,1,2,3,4	5,6,7,8,9
3rd Quarter	10,11,1,2,3	4,5,6,7,8
4th Quarter	9,10,11,1,2	3,4,5,6,7

12 Person Team	Start of Quarter	4 Minute Sub
1st Quarter	1,2,3,4,5	6,7,8,9,10
2nd Quarter	11,12,1,2,3	4,5,6,7,8
3rd Quarter	9,10,11,12,1	2,3,4,5,6
4th Quarter	7,8,9,10,11	12,1,2,3,4