

1. Bath Golf Club

2. Butler Head Preserve

3. Goddard's Pond

4. Lilly Pond Community Forest

5. McMann Field

6. Sewall Woods Preserve

7. Thorne Head Preserve

8. Whiskeag Trail

9. Androscoggin River Bicycle Path

10. Bay Bridge Landing Wetland Park

11. Chase Reserve

12. Coffin Pond Recreation Area

13. Cox Pinnacle

14. Crystal Spring Farm

15. Frozen Runway at Flight Deck Brewing

16. Greater Commons & Town Commons

17. Kate Furbish Preserve

18. Lishness Field

19. Maquoit Bay Conservation Land

20. Mere Creek Golf Course

21. Neptune Woods

22. Skolfield Preserve

23. Higgins Mountain Preserve

24. Morse Pond Preserve

25. Weber Kelly Preserve

26. Cliff Trail

27. Curtis Farm Preserve

28. Devil's Back Trail Area

29. Giant's Stairs Trail and McIntosh Lot Preserve

30. Hackett and Minot Trails

31. Houghton Graves Park

32. Johnson Field Preserve and Mackerel Cove Town Lot

33. Long Reach Preserve

34. Mitchell Field

35. Otter Brook Preserve

36. Skolfield Shores Preserve

37. Widgeon Cove Trail

38. Wilson's Cove Trail

39. Bijhouwer Preserve

40. Bill Jayne Trail at Small Point Preserve

41. Cooley Preserve at Center Pond

42. Denny Reed Trail

43. Gamble Preserve at West Point

44. Greenleaf Preserve

45. Mary's Woods

46. McDonald Marsh Preserve

47. Mica Mine Trail

48. Morse Mountain Trail

49. Noble Hill Preserve

50. Ridgewell Preserve and Town Forest

51. Spirit Pond Preserve and McDonald Sanctuary

52. Sprague Pond Loop Trail

53. Totman Cove Preserve

54. Wilbur Preserve at Cox's Head

55. Bradley Pond Farm

56. Bridge to Bridge Trail

57. Cathance River Nature Preserve

58. Cathance River Trail at Head of Tide Park

59. Foreside Recreation

60. Highland Green

61. Mt. Ararat High School Trails

62. Recreation Fields Trails

63. River Landing Trail

64. Topsham Public Library Eagle Path

65. Topsham Ponds

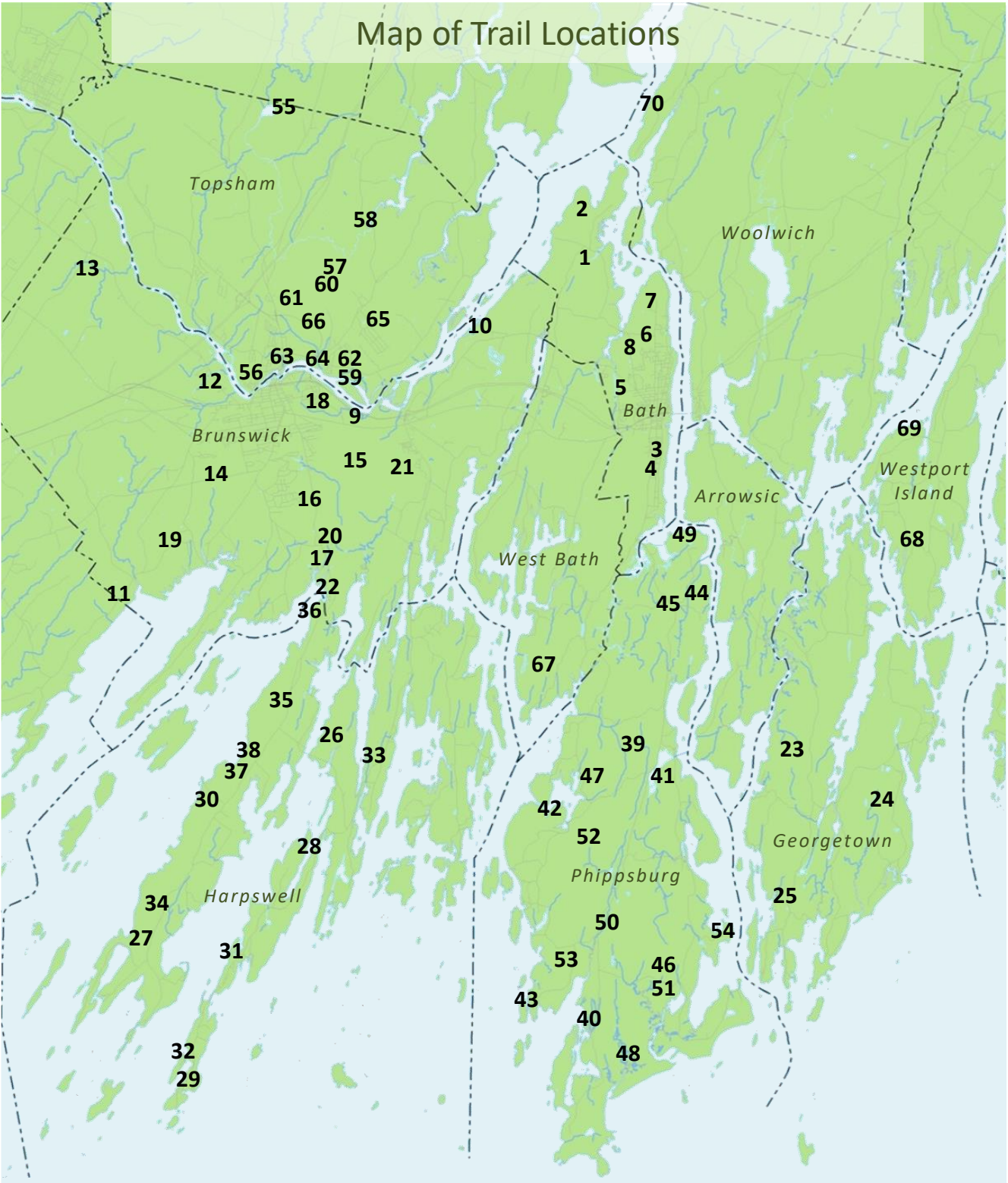
66. Topsham Trail

67. Green Point Preserve

68. Bonyun Preserve

69. Carl & Barbara Segerstrom Preserve at Squam Creek

70. Merrymeeting Fields Preserve



# Get Active

Southern Midcoast

## Winter

### Partners:

- Access Health
- Bath YMCA
- Brunswick Topsham Land Trust
- Cathance River Education Alliance
- Harpwell Heritage Land Trust
- Kennebec Estuary Land Trust
- Mid Coast Hospital
- Phippsburg Land Trust
- People Plus
- Six Rivers NEMBA
- Spectrum Generations
- Town of Bath
- Town of Brunswick
- Town of Harpswell
- Town of Topsham



Maps and information:

[www.midcoasttrailchallenge.org](http://www.midcoasttrailchallenge.org)



MID COAST  
HOSPITAL

Advanced Care. Personal Touch.

QUIMBY FAMILY  
FOUNDATION

Town	Trail or Preserve Name	Organization	Length (mi.)	Sledding	Skating	Snowshoe	Xc Skiing	Bike
Bath	Bath Golf Course	Private Owner		✓		✓	✓	
	Butler Head Preserve	KELT				✓	✓	✓
	Goddard's Pond	Town			✓			
	Lilly Pond Community Forest	KELT	2.5			✓	✓	✓
	McMann Field	Town		✓				
	Sewall Woods Preserve	KELT	1.5			✓	✓	✓
	Thorne Head Preserve	KELT	3			✓	✓	✓
	Whiskeag Trail	KELT/Bath Trails	5			✓	✓	✓
Brunswick	Androscoggin River Bicycle Path	Town	2.6					✓
	Bay Bridge Landing Wetland Park	Town	0.3			✓		
	Chase Reserve	BTLT	1			✓	✓	
	Coffin Pond Recreation Area	Town		✓	✓			
	Cox Pinnacle	Town	1.3			✓	✓	
	Crystal Spring Farm	BTLT	5.3		✓	✓	✓	
	Frozen Runway at Flight Deck Brewing	Private Owner			✓			
	Greater Commons & Town Commons	Town	5			✓	✓	✓
	Kate Furbish Preserve	BTLT				✓	✓	✓
	Lishness Park	Town			✓			
	Maquoit Bay Conservation Land	Town	1			✓	✓	
Brunswick	Mere Creek Golf Course	Private Owner				✓	✓	
	Neptune Woods	BTLT				✓	✓	✓
	Skolfield Preserve	BTLT	1			✓	✓	
	Higgins Mountain Preserve	KELT	1			✓	✓	
	Morse Pond Preserve	KELT	4			✓	✓	✓
	Weber Kelly Preserve	KELT	2.5			✓	✓	✓
	Cliff Trail	Town	2.3			✓		
	Curtis Farm Preserve	HHLT	1.3			✓	✓	
	Devil's Back Trail Area	Town	2.2			✓		
	Giant's Stairs Trail and McIntosh Lot Preserve	HHLT/Town	0.5			✓		
	Hackett and Minot Trails	HHLT	1			✓		
	Houghton Graves Park	HHLT	0.3			✓		
	Johnson Field Preserve and Mackerel Cove Town Lot	HHLT/Town				✓		
	Long Reach Preserve	HHLT	1.5			✓		
	Mitchell Field	Town	2.8			✓	✓	✓
	Otter Brook Preserve	HHLT	1.5			✓	✓	
Phippsburg	Skolfield Shores Preserve	HHLT	1			✓		
	Widgeon Cove Trail	HHLT	0.6			✓		
	Wilson's Cove Trail	HHLT	0.3			✓		
	Bijhouwer Preserve	PLT/Private Owner	2			✓	✓	
	Bill Jayne Trail at Small Point Preserve	PLT	0.3			✓	✓	
	Cooley Center Pond Preserve	PLT	5+			✓	✓	✓
	Denny Reed Trail	TNC	2.5			✓	✓	
	Gamble Preserve at West Point	PLT	0.3			✓	✓	
	Greenleaf Preserve	PLT/Private Owner	0.8			✓	✓	
	Mary's Woods at Cutting Creek	PLT/Private Owner	0.5			✓	✓	
	McDonald Marsh Preserve	PLT	1.8			✓	✓	✓
	Mica Mine Trail	TNC	2			✓	✓	
	Morse Mountain Trail	Bates	4			✓		
	Noble Hill Preserve	PLT	0.5			✓	✓	
	Ridgewell Preserve and Town Forest	PLT/Town	4+			✓		
	Spirit Pond Preserve and McDonald Sanctuary	PLT/State	2.5			✓	✓	✓
	Sprague Pond Loop Trail	PLT/TNC	5		✓	✓	✓	
	Totman Cove Preserve	PLT/Town	1.8			✓	✓	✓
Topsham	Bradley Pond Farm	BTLT	2			✓	✓	
	Bridge to Bridge Trail/Riverwalk	Town	0.8					✓
	Cathance River Nature Preserve	BTLT/CREA/HG	5			✓		
	Cathance River Trail at Head of Tide Park	BTLT	1.6			✓		
	Foreside Recreation	Town		✓	✓	✓	✓	
	Highland Green	Private Owner				✓	✓	
	Mt. Ararat High School Trails	Town				✓	✓	
	Recreation Fields Trails	Town	2			✓		
	River Landing Trail	BTLT/Town	0.6			✓		
	Topsham Public Library Eagle Path	Town	0.5			✓		
	Topsham Ponds	Town				✓	✓	✓
	Topsham Trail	Town						✓
West Bath	Green Point Preserve	KELT	1			✓	✓	
Westport Island	Bonyun Preserve	KELT	3			✓	✓	
	Carl & Barbara Segerstrom Preserve at Squam Creek	KELT	2			✓	✓	✓
Woolwich	Merrymeeting Fields Preserve	KELT	2			✓	✓	✓