

# TOPSHAM PARKS & RECREATION

## COVID—19 Pre Screening Tool - Programs

With in the past 24 hours have you had a fever (100.4 and above\*) or used any fever reducing medicine?

YES



Do you feel sick with any of the most common symptoms of Covid, had vomiting/diarrhea, or felt unwell? (see symptom list to the right)

YES



Have you been a close contact of a person with Covid in the past 14 days?

YES



Have you traveled outside of the state in the past 14 days?

Call



(207) 725-1726

### MOST COMMON SYMPTOMS OF COVID 19 :

- Fever (100.4°F/ 38°C Or greater)\*
- Chills
- Sore throat
- New loss of taste or smell
- Cough Shortness of breath or difficulty breathing

### LESS COMMON SYMPTOMS OF COVID 19 :

- Muscle pain
- Nausea or Vomiting
- Stomach pain, Diarrhea
- Fatigue Headache Rash
- Swelling or redness of hands/feet
- Redeyes/eye drainage  
Congestion/ runny nose

\*Fever is 100.4°F/ 38°C regardless of measurement location (oral, temporal).

Stay home with any YES response to the questions above OR with two or more of the “less common” symptoms listed to the right. Attend Recreation Programs when all answers are NO and your child is feeling well with no other symptoms of illness. Call our Department if you have any Outstanding concerns and issues.